# *Sat Nam Rasayan Foundation*

## *Activity Report 2025*

### *Introduction*

*The Sat Nam Rasayan Foundation continues its mission to preserve, protect, and support the teachings of Sat Nam Rasayan as shared by Guru Dev Singh. Following the transition of leadership after Guru Dev Singh's passing in 2021, the Foundation remains dedicated to maintaining the integrity of the teachings, supporting the international school structure, preserving educational materials, and ensuring that future generations can continue to access and benefit from this tradition.*

*During 2025, the Foundation focused primarily on preserving existing structures, supporting educational activities, maintaining important resources, and safeguarding the legacy of Guru Dev Singh. The activities described below reflect ongoing efforts carried out by the Foundation and the international Sat Nam Rasayan community.*

---

## *Leadership and Educational Activities*

*Under the leadership of Sadhu Singh, the international Sat Nam Rasayan School continued its educational activities throughout 2025.*

*Key activities included:*

- *Conducting Level 1 and Level 2 examinations for students of Sat Nam Rasayan.*
- *Teaching workshops and courses internationally.*
- *Providing guidance and support to teachers and students around the world.*
- *Continuing the tradition established by Guru Dev Singh of offering regular online meditation gatherings, generally held on a monthly basis, allowing students from many countries to remain connected to the teachings and to one another.*

*Through these activities, the international network of teachers, healers, and practitioners continued to share the benefits of Sat Nam Rasayan with people worldwide.*

---

## *Global Community of Teachers and Practitioners*

*A central objective of the Sat Nam Rasayan Foundation is to support the continuity of the international community of teachers, practitioners, and healers that Guru Dev Singh developed over more than four decades of teaching.*

*Today, many of the teachers personally trained and mentored by Guru Dev Singh continue to share the teachings of Sat Nam Rasayan in their local communities and countries around the world. These teachers offer workshops, training programs, meditation classes, and educational activities that introduce new students to the practice and support the ongoing development of experienced practitioners.*

*In addition to educational activities, Sat Nam Rasayan practitioners and healers continue to provide individual healing sessions and support to people in many parts of the world. Through their work, the practical application of the teachings continues to benefit individuals and communities by promoting greater awareness, balance, well-being, and inner calm.*

*The Foundation recognizes the international network of teachers and practitioners as one of the most important living expressions of Guru Dev Singh's legacy and remains committed to supporting the structures that help maintain the quality, authenticity, and continuity of these teachings for future generations.*

---

## *School Administration and Website Management*

*Daya Singh continued to oversee the administrative activities of the international school.*

*Key responsibilities included:*

- *Management of Level 1 and Level 2 diplomas and certifications.*
- *Maintenance and administration of the international school structure.*
- *Ongoing management and updating of the international Sat Nam Rasayan website.*

*During the reporting period, the international website underwent a substantial update to improve accessibility, organization of information, and support for students and teachers worldwide. The website continues to serve as a central source of information regarding training programs, teachers, examinations, and international activities.*

## *Preservation of Educational Materials*

*One of the Foundation's important areas of activity during 2025 was the preservation of educational and historical teaching materials.*

*Following the closure of the online platform through which Guru Dev Singh taught many of his livestream classes during the final years of his life, efforts were undertaken to preserve these recordings and ensure that they remain available for future generations of students.*

*The Foundation also continued work on collecting, organizing, and preserving teaching notes, educational materials, and other documentation connected with Guru Dev Singh's teachings. These efforts support the long-term goal of maintaining an accessible archive of Sat Nam Rasayan knowledge and training materials.*

---

## *Preservation of Daily Sadhana and Meditation Practice*

*An important aspect of preserving the tradition of Sat Nam Rasayan is maintaining the foundational meditative practices upon which the teachings are based.*

*During the final years of his life, Guru Dev Singh led an extended daily Sadhana practice over a period of nearly three years. This practice continues to be maintained and shared within the Sat Nam Rasayan community. A dedicated group of teachers and students participates regularly, helping to preserve the meditative foundation that supports the development and transmission of Sat Nam Rasayan.*

*The Foundation supports the preservation of these practices as an important component of maintaining the continuity and authenticity of the tradition and its connection to the broader yogic teachings from which Sat Nam Rasayan emerged.*

---

## *Maintenance of Healing Sanctuaries*

*The Foundation continued to support the maintenance and preservation of the two principal Sat Nam Rasayan sanctuaries established by Guru Dev Singh.*

### ***Campagnano di Roma, Italy***

*The sanctuary in Italy continues to serve as an important location for meditation, healing activities, study, and community connection.*

### *San Cristóbal de las Casas, Chiapas, Mexico*

*The sanctuary in Mexico continues to provide a place for meditation, healing, education, and community gatherings connected with the Sat Nam Rasayan tradition.*

*The Foundation provides ongoing support to help preserve these locations for current practitioners and future generations.*

---

## *Trademark Protection and Preservation of the Tradition*

*The Foundation continued its work to maintain and protect the Sat Nam Rasayan trademarks in various countries.*

*These activities help preserve the integrity and authenticity of the teachings and ensure that the name "Sat Nam Rasayan" continues to be associated with the tradition as transmitted by Guru Dev Singh and the international school.*

*Trademark renewals, maintenance activities, and related administrative work continued throughout the reporting period.*

---

## *Looking Forward*

*The Sat Nam Rasayan Foundation remains committed to preserving and protecting the teachings of Sat Nam Rasayan for future generations.*

*The Foundation will continue to support:*

- *Educational activities and examinations.*
- *The international network of teachers, practitioners, and healers.*
- *Preservation of teaching materials and archives.*
- *Maintenance and development of the international website.*
- *Protection of trademarks and intellectual property.*

- *Preservation of the healing sanctuaries.*
- *Activities that support the continuity and authenticity of the Sat Nam Rasayan tradition.*

*Through these activities, the Foundation seeks to ensure that the teachings of Sat Nam Rasayan remain accessible, authentic, and available to all who wish to study and practice them.*

---

## *Conclusion*

*During 2025, the Sat Nam Rasayan Foundation continued its work of preservation, stewardship, and support. The Foundation remains dedicated to maintaining the structures, teachings, and resources that support the global Sat Nam Rasayan community.*

*Through the leadership of Sadhu Singh, the ongoing work of Daya Singh, the dedication of the international network of teachers, healers, and practitioners, and the continued preservation of educational materials and practice traditions, the Foundation continues to fulfill its mission of safeguarding and transmitting the teachings of Sat Nam Rasayan for future generations.*